

The Miley Legal Group

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The Miley Legal Group would like to thank everyone that provided referrals to our office this past month:

> Miah K. Jon T. Kevin H. Shawn T. Adam S. Randy E. Paul A.

You or a Loved One in an Accident? Check 5-Point Accident Assessment

Insurance companies and their adjusters are going to treat people poorly. That is what they do, that is what they have always done, just ask your parents or grandparents. We always find ourselves in the position where we have to force them to do the right thing.

One of the most important things we always tell anyone who reaches out to us, whether on the phone or over the internet, is to speak with a lawyer, before speaking to an insurance adjuster. The more knowledge you have, the better off you will be. That is also why we created our 5 Point Assessment. We want



you to get your questions answered and be prepared as to what will happen over the next few weeks and months.

The 5-Point Assessment is where an attorney reviews your serious injury claim and lays out the best options you have. The 5-Point Assessment includes the following:

- 1. Determine Fault You may already know, or the police may have already determined this, however we have seen time and again where the insurance company does not accept liability even when it is in black and white.
- 2. Injury Assessment Unfortunately, the more severe your injury, the more value your case has, the more reason you have to hire a lawyer. .
- 3. Previous Injuries Yes, these are taken into account. Insurance companies keep a huge database of any information they can find on you.
- 4. Treatment Every insurance company in the country has a system to evaluate your treatment through computer software. They will take the bills and records from your doctors and enter them into a system that will analyze the "value" of your treatment.
- 5. Car Insurance The type and amount of car insurance that is available to you will have a huge impact on your claim. We have seen time and time again where poor insurance coverage creates havoc on a serious injury claim.

Tiger Family: Managing Grief During the Holidays

(Family Features) The holidays are often difficult for anyone who has experienced the death of a loved one, particularly during the first year of adjusting to life without them.

The holiday season may result in a renewed sense of grief, especially as well-intentioned individuals are encouraging those who are grieving to participate in traditional festivities. While there can be joy in being together with family and friends, the holidays can also bring feelings of sadness, loss and emptiness.

For those who find themselves struggling with grief during the holidays consider these ideas from Remembering a Life, an online resource from the experts at the National Funeral Directors Association.

Talk About Grief - Grief isn't a linear journey. Ignoring pain and emotions won't make it go away. Don't be afraid to talk about grief with others. Confiding in close family and friends can help a grieving person feel heard and understood.

Establish Boundaries During the Holidays -Friends and family may encourage a grieving person to participate in the holiday just as they normally would. While these intentions are typically good, it is important for the bereaved to set boundaries and focus on what they want. While grieving, one should openly and honestly discuss wishes with friends and family and clarify what they are comfortable with and have the emotional bandwidth to do so.

Reflect On and Embrace Fond Memories Memories of a loved one are an important legacy. Rather than ignoring these memories, talk about them with family and friends. It's



OK to laugh or to cry. One way to facilitate this activity is with Remembering A Life's Have the Talk of a Lifetime Conversation Cards, which can help families share stories and memories about loved ones and themselves.

It is important to remember that even though an individual may be grieving, they can still celebrate and enjoy the holidays. Find support and resources for grief during the holidays at RememberingALife.com.

With two offices to serve you:

229 W. Main Street, Suite 400, Clarksburg, WV 26301 250 Scott Avenue, Suite 100, Morgantown, WV 26508



Sunday, November 28th

Meet at South Harrison High School Kickstands Up at 1:00 pm

Please Bring an Unwrapped New Toy for a Child in Need

Drop off locations at: The Miley Legal Group, RG's Almost Heaven Harley Davidson, RG Motorsport









"I am very glad that I called The Miley Legal Group. I don't think anybody could have done for me what they have done so far. Very happy with Sara and Keith. I would recommend them to anybody!" -Jesse L.

"They stuck to it and did exactly as promised! Fantastic. You will want to give them a call! 5 Stars!" -Jade B.

"Thank you Miley Legal Group for visiting, educating and distributing free motorcycle handbooks to our riders group. Not only does it offer good advice, it also includes suggestions for enjoyable, successful rides. Many thanks to Keith, Jason and Joe for their help and concern." -Sharon L.

Pet Peeves: Happy Thanksgiving!

Thanksgiving! Oh boy, oh boy! This is the best holiday you humans have ever come up with — seriously. A whole day revolving around food and family and football and cuddles? Yes, please.

We'd be lying if we told you that one of our most favorite things about this holiday isn't the food, but some of the things you humans eat around this time can give us a serious stomachache. Here's a list of special Thanksgiving treats we can and do enjoy:

•Cooked Vegetables – LOVE! Carrots, sweet potatoes, broccoli, and the like. •Skinless, Boneless Turkey – We love turkey leftovers, but the fat will ruin our diet and the bones can cause us health problems, so we prefer to stick with the good stuff lean meat.

•Turkey Giblets – Wonder what to do with these? Boil them up – we'll take 'em! •Canned Pumpkin (NOT pie filling) – Low in fat, high in fiber, holiday themed, and tasty. This stuff is actually super good for us. A couple tablespoons makes a great treat.

The trick with any of these options, as with anything, is moderation; we just lack the self-control to stop ourselves from ruining our diet, so we count on you humans to keep us on track. Happy Thanksgiving Everyone!



Recipe of the Month: Apple Scones

Ingredients:

2 cups all-purpose flour 1/4 cup sugar 2 tsps baking powder 1/2 tsp baking soda

1/2 tsp salt

1/4 cup butter, chilled

1/2 cup milk 2 Tbsp milk

2 Tbsp sugar

1/2 tsp cinnamon

1 apple- peeled, cored and shredded

Directions:

- 1. Measure flour, sugar, baking powder, soda and salt into large bowl. Cut in butter or margarine until crumbly. Add shredded apple and milk. Stir to form a soft dough.
- 2. Turn dough out onto a lightly floured surface. Knead gently 8 to 10 times. Pat into two 6-inch circles. Place on greased baking sheet. Brush tops with milk and sprinkle with sugar and cinnamon. Score each into 6 pie-shaped wedges.
- 3. Bake at 425 degrees F for 15 minutes or until browned and risen. Serve warm with butter. Yum.

Recipe/Photo Courtesy of Allrecipes.com. Submit recipes to mlg@mileylegal.com

Words of Good Wisdom

"Give thanks to the LORD, for he is good; his love endures forever."

- 1 Chronicles 16:34

"In all things give thanks." - 1 Thessalonians 5:18

"Let us come before him with thanksqiving and extol him with music and song .. "

-Psalm 95:2

"The thankful receiver bears a plentiful harvest."

-William Blake

November's Cases of Interest

Cell Phone Use Leads to Accident Near Coliseum

A potential client reached out to us one late night after his accident near the WVU Coliseum. A driver using her cell phone slammed into him causing serious injuries. The driver, who admitted to using her cell phone to text right before she hit our client, was late for work.



Not only did the at fault driver refuse to wait for police because she was late for work, she knew she caused extensive damage because as she drove away, she yelled out how the rear of his car was totaled.

Unfortunately for our client, during the crash, he slammed into the steering column, injuring his chest, ribs and straining his back. We are currently working to hold the irresponsible driver accountable.

Maryland Driver Struck Traveling Through WV

Having an accident while traveling can be a nightmare, especially when you are far from home. This was the case when our client, a

resident of Maryland, was struck from behind due to the negligence of a West Virginia driver.

The accident itself caused a number of injuries for our client, but living over a hundred miles away created more problems, until they reached out to our office. Once we were hired we were able to take a large portion of the stress off of our clients. We immediately began

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gathering information to ensure that they can get back to some

semblence of normalcy.

The greatest compliment we can receive is the referral of your family and friends."

Another Accident at the Intersection of Route 98 and Route 50 Leads to Injury

Our client was slammed into when another driver ran a red light at the intersection of Routes 98 and 50. The crash

caused severe injuries to our client. After the accident, she had to be life flighted to Ruby with 5 broken ribs, a broken collar bone, a fractured pelvis, fractured L5 and a fractured tailbone.



Fortunately for our client, one of her family member's was

a past client of ours, so they knew how important it was to reach out to our office right away. Our client was also fortunate to have a nurse that saw the accident and immediately began to treat our client until the EMTs arrived.

Our client will have an extensive recovery time with hours of PT and additional treatments. Our office is currently investigating the case to ensure that the driver that caused the injuries to our client it held accountable.



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Give this newsletter to a friend. They will thank you for it and so will I.

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