



Miley Legal News

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7 Tips for Driving on Snow and Ice

Cold temperatures and snowy roads lead to awful driving conditions and that leads to car wrecks. I am sure in the past few days, if you have been traveling, you have witnessed a number of cars and trucks that are either stuck in a ditch or slammed into a guard rail. Safe driving is especially important under these conditions. To keep you and your family safe we offer a few safety tips on driving in the snow and ice.



Tip #1: Avoid driving if possible. You cannot control the weather and you cannot control other drivers. If it is possible not to drive, take that route, if you must get out on the roadway, make sure your vehicle is prepared for the snow and ice.

Tip #2: Clear the ice and snow off your car. Everyone gets mad behind a driver who has not brushed their car off. That cloud of snow decreases visibility for you and the drivers around you.

Tip #3: Stock your vehicle with blankets, food, water and your cell phone. If there is a chance you might get stranded because of the snow in the road or because you have car trouble, it is best to be prepared.

Tip #4: Drive strategically. Pay attention to upcoming hills, dips and sharp corners. If you hit a patch of ice or frozen snow on any of these areas, it can become very dangerous quickly. Take your time, watch other drivers to see how they approach these danger zones and adjust your driving accordingly.

Tip #5: If your vehicle starts to slide, do not panic. It is important to not slam on your brakes as that could cause further sliding. Review your car manual for techniques offered by the manufacturer for your particular model if available.

Tip #6: If you get stuck, stay with your vehicle. It may be more dangerous to get out and walk for assistance. Place a cloth or plastic bag in your window to signal your need for assistance.

Tip #7: If you do have an accident, it is important to first ensure that everyone is safe and any necessary medical attention is sought. Once you are in a position to do so, document the event, the drivers involved, any potential witnesses and the incident as it occurred. The Miley Legal Group offers a simple accident checklist to ensure you collect the information you may need. Fill out the form on our website and mention the checklist in the notes and we will get one out to you.

These are only a few tips and suggestions to driving in wintery conditions. Above all, it is important to take care while driving in any condition. The Miley Legal Group cares about the safety of you and your family.



The Miley Legal Group would like to thank everyone that provided referrals to our office this past month:

- Travis M.
- Wesley S.
- Susan R.
- Fred P.
- Shelly C.
- Joe M.

Christmas Special: Keeping Toys Fun!

According to the Consumer Product Safety Commission (CPSC), in 2018 there were over 226,000 toy-related injuries to children that required a trip to the hospital emergency room. Seventeen deaths were recorded as well. The CPSC closely regulates all toys manufactured in the United States and those that are imported, but defects and carelessness are bound to occur. Parental vigilance is a child's best defense.

Always read the labels and consider your child's temperament, habits, and behavior before purchasing a new toy. Age levels for toys are determined by safety factors, not intelligence or maturity level.

For infants, toddlers, and preschoolers, toys should be large enough that they can't be swallowed or get stuck in a young one's windpipe (at least 1¼ inches in diameter and 2¼ inches in length). Battery compartments should be secure. Batteries can cause chemical burns, internal bleeding if swallowed, and choking. Toys should be unbreakable and able to safely withstand chewing. Check for sharp ends, loose parts, strings longer than 7 inches, and parts that could pinch fingers.

For grade-schoolers who ride bicycles, scooters, hoverboards, and the like, an approved helmet and possibly other protective gear are vital. Electric toys should be labeled UL, meeting the standards set by the Underwriters Laboratories. Nets on adjustable basketball rims should be well constructed and firmly attached to avoid strangulation hazards.

The CPSC website, www.cpsc.gov, can keep you apprised of recalls. You can report unsafe toys by calling their hotline: (800) 638-2772.



With two offices to serve you:

229 W. Main Street, Suite 400, Clarksburg, WV 26301
250 Scott Avenue, Suite 100, Morgantown, WV 26508

Christmas Giftcard Giveaway!



Let us help you spread Holiday cheer! Visit our Facebook Page for a chance to win a \$150 Giftcard! Two giftcards will be given away before Christmas!

[Facebook.com/WVInjuryLawyer](https://www.facebook.com/WVInjuryLawyer)

or Search Facebook for The Miley Legal Group

Recent Reviews

★★★★★ "I appreciate all that The Miley Legal Group has done for me and my family. I want everyone to know that they treated me with respect and made sure that I was well taken care of." - Susan R. (Weston)

★★★★★ "The Miley Legal Group took over my claim from another law firm. I was very impressed with how they handled it and kept in touch with me. I would recommend all of my friends and family contact MLG after an accident and not to wait." - Larry D. (Morgantown)

★★★★★ "The Miley Legal Group took care of me. They will take care of you without a shadow of a doubt!" - Sam E. (Clarksburg)

Pet Peeves: Christmas & Santa!

Christmas! Oh boy, oh boy! This is the best holiday for us dogs! A whole holiday revolving around food, shiny objects, family, and did we say food?

We'd be lying if we told you that one of our most favorite things about this holiday isn't the food, but some of the things you humans eat around this time can give us a serious stomachache. Here's a list of special Christmas treats we can and do enjoy:

- Cooked Vegetables – LOVE! Carrots, sweet potatoes, broccoli, and the like.
- Skinless, Boneless Turkey – We love turkey leftovers, but the fat will ruin our diet and the bones can cause us health problems, so we prefer to stick with the good stuff.
- Canned Pumpkin (NOT pie filling) – Low in fat, high in fiber, and tasty.

The trick with any of these options, as with anything, in moderation; we just lack the self-control to stop ourselves from ruining our diet, so we count on you humans to keep us on track. Merry Christmas, everyone!

Love Mia, Dexter & Clarabelle 



Recipe of the Month: Cranberry Pistachio Biscotti

Ingredients:

1/4 cup light olive oil
3/4 cup white sugar
2 tsps vanilla extract
1/2 tsp almond extract
2 eggs
1 3/4 cup all-purpose flour
1/4 tsp salt
1 tsp baking powder
1/2 cup dried cranberries
1 1/2 cup pistachio nuts



Directions:

1. Heat oven to 300 degrees F. In large bowl, mix oil and sugar until well blended. Mix in vanilla and almond extracts, then beat in eggs. Combine flour, salt and baking powder; gradually stir into egg mixture. Mix in cranberries and nuts by hand.
2. Divide dough in half. Form two logs (12 x 2 inches) on a cookie sheet lined with parchment paper. Wet hands with cool water to handle sticky dough easier.
3. Bake for 35 minutes in oven or until logs are light brown. Remove from oven and cool for 10 minutes. Reduce oven heat to 275 degrees.
4. Cut into 3/4 inch slices on diagonal and lay on parchment paper. Bake additional 8-10 minutes or until dry. Cool before serving.

Recipe & Picture Courtesy of Allrecipes.com. Submit recipes to mlg@mileylegal.com

Words of Encouragement

"For to us a child is born, to us a son is given; and the government shall be upon his shoulder, and his name shall be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace."

- Isaiah 9:6

"A generous person will prosper; whoever refresh others will be refreshed."

- Proverbs 11:25

"Christmas is the day that holds all time together."

- Alexander Smith,
Scottish Poet

December's Case of Interest

T-Boned in Front of Fast Food Chain Restaurant

Our client was traveling down Route 50 in Bridgeport and while passing McDonald's a vehicle pulled out in front of him. Unable to come to a complete stop, our client struck the vehicle with his truck.

With smoke billowing out of the dashboard, our client struggled to get out of the vehicle and to safety. After getting out of the heavy duty truck and to the side of the road, a good samaritan held his head due to excruciating neck pain.



Law enforcement responded and our client was taken by ambulance to UHC. While in the ER, our client was given a CT Scan and two MRIs to determine that he had a broken neck.

The pain our client felt and continues to feel from the accident has been excruciating. He describes it as stabbing pain in his neck and upper shoulders. He also experiences severe headaches and pain behind his eyes and nose. Further evaluation may be necessary to determine if the accident resulted in any traumatic brain injuries.

This type of accident where a vehicle is suddenly stopped and the driver or a passenger has severe whiplash, enough to even break the neck almost always results in some sort of traumatic brain injury. The brain becomes jostled around and slams into the front and back of the skull. To learn more about TBI and its impact on accident victims, visit our website at MileyLegal.com.



Salvation Army Angel Tree Needs Your Help!

The Salvation Army's annual Christmas tradition, needs our help. With the current situation and as deadlines have passed by the time you read this, there remains hundreds of area Angels that have not been selected and who may receive little to NO Christmas presents this year.

If you can help in any way, please reach out to your local Salvation Army office or call (304)622-2320.





Check out our blog at
MileyLegalBlog.com



*Merry Christmas
& Happy New Year!*

Give this newsletter to a friend. They will thank you for it and so will I.

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