

The Miley Legal Group

November 2019

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The Miley Legal Group would like to thank everyone that provided referrals to our office this past month:

Mark B. Robbie M. Catherine L. Kare N. Candis R. Brent A. Gerald H.

Are JUULs and other Vape Cigarettes Dead

Initially thought up as a way to quit smoking cigarettes, Juuls and e-cigarettes have become better known for the issues that they are now causing users. Not only are they grabbing the attention of teenagers and younger users, but they are also dumping higher amounts of nicotine into older smokers as well.

As of recently, there have been more than 18 deaths and 1,000s of cases of serious lung injuries and illnesses related to vaping and e-cigarettes. Unless you have been living under a rock, you know that even the Federal government has begun to step in to try and curb the use of these products.

How do e-cigarettes such as Juul's work? By creating an internally "heated" vapor or aerosol that is easily inhaled by the user. The manufacturers add flavoring to the vapor to ensure that the user has a pleasant experience and doesn't taste the tobacco products, chemicals, or other additives to the mixture. These flavors, such as vanilla, bubble gum, mint and others, make it seem that they are harmless, but the fact is, that the liquid e-cigarettes can contain double the concentration of nicotine. And some brands, such as Juul, are even fda.gov/tobacco-products) (Source:

So what is with all the articles on lung issues and even some deaths? Well, Juuls and other e-cigarettes have been shown to lead to lung issues among users. Whether they are healthy or not, there have been numerous cases where vaping has been potentially tied to lung infections, pneumonia, seizures, and even chemical burns from exploding units.

In December of 2018, the United States Surgeon General declared vaping an epidemic and lumped the product in with cigarettes. The Surgeon General



correctly pointed out that teen vaping can create issues with the developing brain, it is addictive, and the chemicals that make up the vapors potentially are unhealthy and toxic. (Source: e-cigarettes. surgerongeneral.gov)

Juuls specifically have become the target of some significant lawsuits filed across the country. There is one specifically blaming the device for a child's death and one that is targeting the addiction users gain when using the product. Juuls and other vaping devices have become the cigarettes of this generation, and young users are becoming addicted and getting harmed because of it.

Currently, there are investigations underway nationwide on the impact of Juuls and other devices and the premise that they were created as a way to quit smoking. It has even been mentioned that manufacturers such as Juul specifically targeted younger users in their marketing to get them addicted to the high doses of nicotine, all issues facing the cigarette manufacturers the late in

Your Home: 5 Fall Tips for a Healthy

(eLivingtoday.com) Giving your lawn a little autumn attention as it works to absorb energy, moisture and nutrients to sustain it through the colder months can pay dividends with a lush, healthy yard next spring. Consider these tips to take advantage of the fall growing period: growing period:

Mow: Grass continues to grow until the first frost, so it's important to keep mowing throughout the fall. Ideally, you should keep your yard at 2 1/2-3 inches in height, which is short enough to prevent matting and fungi like snow mold yet long enough to keep the root system deep enough to withstand the cold and dryness of winter.



Aerate: Because your yard typically suffers some degree of soil compaction and heat stress, which can lead to brown or thinned grass, regular acration can prevent soil from compacting and also helps protect against weeds. Over-seeding your defend against thatch – a layer of roots, stems and debris – that blocks water, oxygen and fertilizer from reaching the roots.

suffocating mat on your grass, potentially ding to fungal diseases.

Fertilize: Because grass grows slower as the weather cools, fall is the ideal time to fertilize. In mid-to-late-fall, apply a dry fertilizer to your grassy areas to provide necessary nutrients and encourage deep roots and denser growth that can better compete with weeds and tolerate disease and insects.

Rake: When leaves fall on your lawn, they can block For more strategies to build a healthy, better out sunlight and, if left too long, stick together to form looking lawn, visit eLivingtoday.com.



MLG and WBOY Celebrating Volunteers Kim Riley and Sherry Belldina of Bonnie's Bus



Bonnie's Bus was created to honor Bonnie Wells Wilson, who succombed to breast cancer in a very remote area of our state where she had no access to screening. In order to assist women in similar situations, the program was created and after being on the road for over 10 years, Bonnie's Bus has provided over 20,000 mammograms to woman all across the State of West Virginia.

Bonnie's Bus works with hospitals, clinics, community partners and other healthcare providers to schedule visits and events across our region. Each stop requires hundreds of man hours in terms of planning, event coordination, scheduling, patient care and promotion. This does not include the hours and hours spent raising the funds needed to provide these very important medical services. Bonnie's Bus relies on volunteers to help the program succeed.

Kim Riley and Sherry Belldina are two volunteers working out of the Preston County location. They have helped host Bonnie's Bus at two locations over the past 9 years. Their hard work and dedication to this important cause, is why Riley and Belldina were selected for this month's Celebrating Volunteer award.

"The rural nature of West Virignia has made it almost impossible for every citizen to have access to adequate medical care, including the preventative and detection services that are offered by Bonnie's Bus," stated Tim Miley, Owner of The Miley Legal Group. "The hard work and dedication of volunteers such as Kim and Sherry have helped diagnose breast cancer and save the lives of many woman in our region. Without their support and the support of others like them, access to these services would be greatly limited."



To learn more about the local Bonnie's Bus, including up coming events, visit wvucancer.org. To learn more about our Celebrating Volunteer Program, visit our website, www.MileyLegal.com and click on the logo.



One of our clients had a large lien placed against their settlement after thousands of dollars in treatment for an accident. After negotiating with the lien holder, we were able to get the lien reduced by

We discovered a secondary insurance policy while investigating a claim for one of our clients. The additional policy drastically improved their recovery possibilities. We continue to research available coverage until all avenues are exhausted.

"I was very pleased with how everything concerning my case was handled, they keep in contact with you as far as keeping you updated and more than anything they're so polite. I would definitely recommend them to anyone who would need legal help with a situation. Thank you for everything that y'all have done." -Amanda P.

Pet Peeves: Our New Friends

Hello! Welcome back to Pet Peeves! This week we have some special guests for our Pet Peeves article! Everyone, meet our spotted friends, Molly and Ovi!

Hey there, MLG readers! Our Mama got a new job a couple of months ago with The Miley Legal Group and ever since she has been telling us she can't wait to have us in the newsletter. We have been preparing everyday by looking extra cute in all the hundreds of photos she takes of us in case we made the cut. We've been brushing up on some helpful tips too. Recently, we have not been wanting to go outside, especially early in the mornings, because it has been so cold. We hate the cold! Mama got us some silly looking coats, but they do help us stay warm. She says it is only going to get colder from here and there may even be snow coming soon. Yuck!

Speaking of snow, we know that with snow, comes ice. Ice can be difficult to remove from your sidewalks and driveways, but please keep your furry friends in mind when you're treating your home. Regular salt can really hurt us. It can cause severe chemical burns on our paw pads and it can be very painful. Be sure to get the pet-friendly option available at most stores to keep your pups safe this winter. Until next time! Love Molly

Recipe of the Month:

Ingredients:

2 (16 oz.) packages frozen cut green beans 2 (10.5 oz.) cans cream of chicken soup 2/3 cup milk

1/2 cup grated Parmesan cheese

1/4 tsp salt

1/4 tsp ground black pepper

1 (6 oz.) can French-fried onions, divided

Slow Cooker Green Bean Casserole



Directions:

- 1. Combine green beans, cream of chicken soup, milk, Parmesan cheese, salt, black pepper and half of the French-fried onions in a slow cooker.
- 2. Cover and cook on Low for 5 to 6 hours. Top casserole with remaining Frenchfried onions to serve.

Recipe & Picture Courtesy of Allrecipes.com. Submit recipes to mlg@mileylegal.com

Happy THANKSGIVING!

Words of Encouragement

"Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

- 1 Thessalonians 5:18

"Let us come into his presence with thanksgiving, let us make a joyful noise to him with songs of praise."

- Psalm 95:2

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them" – John F. Kennedy

"Be present in all things and thankful for all things."

- Maya Angelou

November's Cases of Interest

Car Pulls Out in Front of Motorcyce, Rider Injured!

Our client was riding his motorcycle on Route 857, close to the I-68 off ramp, when a car traveling on South Pierpont Road did not properly follow the rules of the road and pulled out in front of his motorcycle.



Upon impact, he was thrown from his bike and he suffered, among other things, a broken leg and a broken wrist.

After receiving treatment at the scene of the accident, our client was then taken to an emergency room where he underwent immediate surgery that placed screws in his leg. He is also currently recuperating from the surgery that was required to put

his broken wrist back together. He will have months of continued care before he may be able to get back on his motorcycle.

Car vs. Tractor Trailer on the WV Turnpike

We were hired by an out of state traveler that was passing through from North Carolina headed to St. Louis. Unfortunately for her, her trip was detoured when she was ran into by a tractor trailer that miscalculated his merge into her lane.

Unfortunately for our client and the rental car she was driving, the tractor trailer struck her and forced her off the road. After the driver provided the responding law enforcement with misinformation, the video footage of a nearby toll booth was reviewed and an more accurate depiction of what occured became very apparent. Our firm continues to investigate the incident and will work to hold the driver of the truck responsible.

"The greatest compliment we can receive is the referral of your family and friends."

Head on Collision Near Colliseum Leads to Concussion

Our client was a passenger in a vehicle that was traveling to the Colliseum at WVU when their car was struck

when a second driver began to turn even through her light remained red.

After initial treatment at the ER, our client headed home to rest. The next day she awoke with a headache and blurred vision and upon returning to

the doctor, she was diagnosed with a concussion.

As in most cases, the concussion was not immediately detected and our client began showing signs well after her initial medical evaluation. She was lucky that she received medical attention as not treating a concussion can lead to devastating results.



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Give this newsletter to a friend. They will thank you for it and so will I.

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